

City of Sunderland 1st Long Course Meet

On the weekend of Saturday 30th and Sunday 31st May Dunedin swimmer Caitlin Hamilton headed down to Sunderland to compete for her second club Portobello at the 1st City of Sunderland long course open meet. Caitlin got off to a flying start in one of her strongest events the 50 FC swimming an outstanding 29.46, which saw her take not only break her own PB and East District record of 31.12 but also smash the Scottish National Age Group 11 year old record which stood at 30.06. This saw Caitlin claim the gold medal in the event finishing almost 2 seconds ahead of the rest of the field. Caitlin had a busy schedule which saw her then compete in two more events in the morning. In the 100 BS Caitlin swam a 3 second PB which saw her gain a Bronze medal. The morning was rounded off with the 400 IM where Caitlin reduced her PB by 12 seconds finishing in 7th. The afternoon session was a bit less hectic for Caitlin starting off with the 200 IM where she lowered her time by a ½ second to finish in 9th. This was followed by the 200 FC where Caitlin finished in 5th position.

The Sunday saw a much lighter programme for Caitlin which started with the 100 FC where she swam a 4 second PB finishing in 1.06.98 a time which qualifies Caitlin to swim at the ASA National in Sheffield in July. This time also saw Caitlin claim double gold in the FC Sprint events. The afternoon session saw Caitlin kick it off with the 400 FC where she finished in 5th position and the 200 BS saw her finish in 4th place. The result of the weekend saw Caitlin finish 2nd overall for the top 11 year old girl's award.

Well Done on a New Scottish Age Group Record!